

# Texas Aerial Gathering

AUGUST 20–23, 2026  
SAN ANTONIO, TEXAS  
SCHEDULE AT A GLANCE

|                                                                        |                                                                                        |                                                                                 |                                                                                       |
|------------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <div><div></div><div>Aerium</div></div> <div>Main · Pilates Room</div> | <div><div></div><div>Cirque Aria</div></div> <div>Main Front · Main Back · Annex</div> | <div><div></div><div>I Love Churros</div></div> <div>Studio Owners' Track</div> | <div><div></div><div>Revolución</div></div> <div>Instructors &amp; Theory Track</div> |
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APPARATUS 

SILKS

SLING

TRAPEZE

LYRA

ALT APPARATUS

WORKSHOP

## Thursday AUGUST 20

|               |                                                                                           |                     |                                       |               |
|---------------|-------------------------------------------------------------------------------------------|---------------------|---------------------------------------|---------------|
| 12:00<br>NOON | <div>CHECK-IN</div> General Check-In Opens <i>Either location · Aerium or Cirque Aria</i> |                     |                                       |               |
| 1:30<br>PM    | <div></div> AERIUM MAIN                                                                   | <div>WORKSHOP</div> | Teacher Training: Spotting Strategies | Xochitl Sosa  |
|               | <div></div> ARIA MAIN FRONT                                                               | <div>SLING</div>    | Spin n' Drop                          | Kerry Wee     |
|               | <div></div> REVOLUCIÓN                                                                    | DISCUSSION          | Wrap Theory                           | Dara Minkin   |
| 3:00<br>PM    | <div></div> AERIUM MAIN                                                                   | <div>TRAPEZE</div>  | All About the Beats 1                 | Xochitl Sosa  |
|               | <div></div> ARIA MAIN FRONT                                                               | <div>SLING</div>    | Open Choreography                     | Kerry Wee     |
|               | <div></div> REVOLUCIÓN                                                                    | DISCUSSION          | How to Make Ugly Transitions Nice     | Dara Minkin   |
| 4:30<br>PM    | <div></div> AERIUM MAIN                                                                   | <div>TRAPEZE</div>  | Art of the Duo                        | Xochitl Sosa  |
|               | <div></div> AERIUM PILATES                                                                | <div>WORKSHOP</div> | PT Workshop · Elbows                  | Ben Brandvig  |
|               | <div></div> ARIA MAIN FRONT                                                               | <div>SLING</div>    | Spinning Double Spanset Choreography  | Kerry Wee     |
| 7:00<br>PM    | <div></div> THE PEARL FOOD HALL                                                           |                     | Meet-Up & Dinner                      | All attendees |
| 8:00<br>PM    | <div></div> THE PEARL ASTROTURF                                                           |                     | Acro Yoga & Post-Dinner Drinks        | All attendees |

## Friday AUGUST 21

|                   |                                                                                           |                         |                                                       |                  |
|-------------------|-------------------------------------------------------------------------------------------|-------------------------|-------------------------------------------------------|------------------|
| 10:00<br>AM       | <div>CHECK-IN</div> General Check-In Opens <i>Either location · Aerium or Cirque Aria</i> |                         |                                                       |                  |
| 10:30<br>AM       | <div></div> AERIUM MAIN                                                                   | <div>SILKS</div>        | Ways to Belay                                         | Liza Rose        |
|                   | <div></div> ARIA MAIN FRONT                                                               | <div>SLING</div>        | Crossback Entries                                     | Grace Park       |
|                   | <div></div> ARIA ANNEX                                                                    | <div>LYRA</div>         | Low Flow Dynamic                                      | Ginger Snaps     |
|                   | <div></div> CHURROS                                                                       | OWNERS                  | Software & Operations                                 | David Garcia     |
| 11:30–12:30<br>PM | <div></div> CHURROS                                                                       | OWNERS                  | Getting Started & Winding Down                        | Jessica Rousseau |
| 12:00<br>NOON     | <div>Lunch</div>                                                                          |                         |                                                       |                  |
| 1:00–2:00<br>PM   | <div></div> CHURROS                                                                       | OWNERS                  | Performance Building                                  | Libby West       |
| 1:30<br>PM        | <div></div> AERIUM MAIN                                                                   | <div>SILKS</div>        | A Taxonomy of Wraps                                   | Liza Rose        |
|                   | <div></div> ARIA MAIN FRONT                                                               | <div>SLING</div>        | Skirt & Belay                                         | Grace Park       |
|                   | <div></div> ARIA ANNEX                                                                    | <div>WORKSHOP</div>     | Performance Technique                                 | Ginger Snaps     |
|                   | <div></div> REVOLUCIÓN                                                                    | DISCUSSION              | Injury Prevention & Recovery                          | Angela Sanchez   |
| 2:00–3:00<br>PM   | <div></div> CHURROS                                                                       | OWNERS                  | Youth Programs                                        | Winnie Hsia      |
| 3:00<br>PM        | <div></div> AERIUM MAIN                                                                   | <div>SILKS</div>        | Drop Shop: How to Nail 'Em, How to Stack 'Em          | Liza Rose        |
|                   | <div></div> ARIA MAIN FRONT                                                               | <div>INVENTED APP</div> | Moon, Mini Hoop, Umbrella, Tippy Lyra, Heart & Sphere | Moe Ferrari      |
|                   | <div></div> ARIA ANNEX                                                                    | <div>LYRA</div>         | Double the Spin: Duo Foundations                      | Magnolia Duet    |
|                   | <div></div> CHURROS                                                                       | OWNERS                  | Marketing, Community & Inclusivity                    | Winnie Hsia      |
| 4:30<br>PM        | <div></div> AERIUM MAIN                                                                   | <div>CYR WHEEL</div>    | Beginner friendly workshop covering fundamentals      | Jamiza Dar       |
|                   | <div></div> AERIUM PILATES                                                                | <div>WORKSHOP</div>     | PT Workshop · Shoulders                               | Ben Brandvig     |
|                   | <div></div> ARIA ANNEX                                                                    | <div>LYRA</div>         | Two Bodies, One Story                                 | Magnolia Duet    |
| 7:00<br>PM        | <div></div> ELSEWHERE TOO                                                                 |                         | Social & Networking Event                             | All attendees    |
| 9:00<br>PM        | <div></div> HOPSCOTCH                                                                     |                         | After Party                                           | All attendees    |

Saturday AUGUST 22

|               |                                                                                                                                |                                                                                                             |                                                                                                                                                                                                                                              |                                                                                                                                    |
|---------------|--------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| 10:30<br>AM   | <div><div>AERIUM MAIN</div><div>ARIA MAIN FRONT</div><div>ARIA ANNEX</div><div>REVOLUCIÓN</div></div>                          | <div><div>SILKS</div><div>TRAPEZE</div><div>WORKSHOP</div><div>DISCUSSION</div></div>                       | <div><div>Crochet All Day</div><div>Single Point · Intermediate</div><div>Foundational C-Shaping Drills</div><div>Crosstraining for Aerialists</div></div>                                                                                   | <div><div>Leah Grandstaff</div><div>Lydia Lara</div><div>Liza Rose</div><div>Angela Sanchez</div></div>                            |
| 12:00<br>NOON | Lunch                                                                                                                          |                                                                                                             |                                                                                                                                                                                                                                              |                                                                                                                                    |
| 1:30<br>PM    | <div><div>AERIUM MAIN</div><div>ARIA MAIN FRONT</div><div>ARIA MAIN BACK</div><div>ARIA ANNEX</div><div>REVOLUCIÓN</div></div> | <div><div>SILKS</div><div>TRAPEZE</div><div>FLYING POLE</div><div>WORKSHOP</div><div>DISCUSSION</div></div> | <div><div>Strike a Pose · Get Your Vogue On</div><div>Sequences All the Way!</div><div>Seamless Flow: Dynamic Hangs &amp; Transitions</div><div>Creating Narrative with Laban's 8 Efforts</div><div>Teaching Multi-Level Classes</div></div> | <div><div>Leah Grandstaff</div><div>Lydia Lara</div><div>Jessica Rousseau</div><div>Liza Rose</div><div>Angela Sanchez</div></div> |
| 3:00<br>PM    | <div><div>AERIUM MAIN</div><div>ARIA MAIN FRONT</div><div>ARIA MAIN BACK</div><div>ARIA ANNEX</div><div>REVOLUCIÓN</div></div> | <div><div>SILKS</div><div>LYRA</div><div>TRAPEZE</div><div>LYRA</div><div>DISCUSSION</div></div>            | <div><div>The Path of Least Resistance</div><div>Intermediate</div><div>Rolling on the Bar</div><div>Lyra-lesque</div><div>Approaches to Curriculum Design</div></div>                                                                       | <div><div>Leah Grandstaff</div><div>Lydia Lara</div><div>Liza Rose</div><div>Ginger Snaps</div><div>Angela Sanchez</div></div>     |
| 4:30<br>PM    | <div><div>AERIUM MAIN</div><div>ARIA MAIN FRONT</div><div>ARIA MAIN BACK</div><div>ARIA ANNEX</div><div>REVOLUCIÓN</div></div> | <div><div>SILKS</div><div>LYRA</div><div>TRAPEZE</div><div>WORKSHOP</div><div>DISCUSSION</div></div>        | <div><div>The Road Less Travelled</div><div>Advanced</div><div>Vertical Theory on Dance Trapeze</div><div>Act Creation</div><div>Conditioning &amp; Warmups</div></div>                                                                      | <div><div>Leah Grandstaff</div><div>Lydia Lara</div><div>Liza Rose</div><div>Ginger Snaps</div><div>Angela Sanchez</div></div>     |
| 7:00<br>PM    | <div><div>SATURDAY NIGHT</div><div>TAG Showcase</div><div>AERIUM · ALL ATTENDEES · GET YOUR TICKET IN ADVANCE</div></div>      |                                                                                                             |                                                                                                                                                                                                                                              |                                                                                                                                    |

Sunday AUGUST 23

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|---------------|-------------------------------------------------------------------------------------------------|------------------------------------------------|--------------------------------------------------------------------------|---------------------------------------------------------|
| 10:30<br>AM   | <div><div>CLOSING MORNING</div><div>TAG Aerial Jam</div><div>AERIUM · ALL ATTENDEES</div></div> |                                                |                                                                          |                                                         |
| 12:00<br>NOON | Lunch                                                                                           |                                                |                                                                          |                                                         |
| 1:30<br>PM    | <div><div>AERIUM MAIN</div></div>                                                               | <div><div>WORKSHOP</div></div>                 | <div><div>Rigging 101</div></div>                                        | <div><div>Brett Copes</div></div>                       |
| 3:00<br>PM    | <div><div>AERIUM MAIN</div><div>AERIUM PILATES</div></div>                                      | <div><div>SILKS</div><div>WORKSHOP</div></div> | <div><div>Extreme Flow &amp; C-Shaping</div><div>Rigging 201</div></div> | <div><div>Dara Minkin</div><div>Brett Copes</div></div> |

Venues

|                                                                                                                                                                                       |                                                                                                                                                                                        |                                                                                                                                                                                                                    |                                                                                                                                                                                                                 |
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| <div><div>The Aerium</div><div>MAIN &amp; PILATES ROOM</div><div>11805 Perrin Beitel Rd #105</div><div>San Antonio, TX 78217</div><div>theaerium.co</div><div>@the.aerium</div></div> | <div><div>Cirque Aria</div><div>MAIN FRONT, MAIN BACK, ANNEX</div><div>4700 Timco W #119</div><div>San Antonio, TX 78238</div><div>cirqueariasaa.com</div><div>@cirquearia</div></div> | <div><div>I Love Churros</div><div>DISCUSSION GROUPS · STUDIO OWNERS' TRACK</div><div>7007 Bandera Rd</div><div>San Antonio, TX 78238</div><div>ilovechurrosrestaurant.shop</div><div>@ilovechurrosatx</div></div> | <div><div>Revolución — Alamo Heights</div><div>DISCUSSION GROUPS · INSTRUCTORS &amp; THEORY</div><div>7959 Broadway #500</div><div>San Antonio, TX 78209</div><div>enjoyrev.com</div><div>@enjoyrev</div></div> |
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Evenings

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| <div><div>The Pearl</div><div>THU 7:00 PM · DINNER &amp; ACRO YOGA</div><div>303 Pearl Pkwy</div><div>San Antonio, TX 78215</div><div>atpearl.com</div><div>@historicpearl</div></div> | <div><div>Elsewhere Too</div><div>FRI 7:00 PM · SOCIAL &amp; NETWORKING</div><div>4513 N Loop 1604 W</div><div>San Antonio, TX 78249</div><div>@elsewhere.too</div></div> | <div><div>Hopscotch</div><div>FRI 9:00 PM · AFTER PARTY</div><div>711 Navarro St, Ste 100</div><div>San Antonio, TX 78205</div><div>letshopscotch.com</div><div>@letshopscotch</div></div> |
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